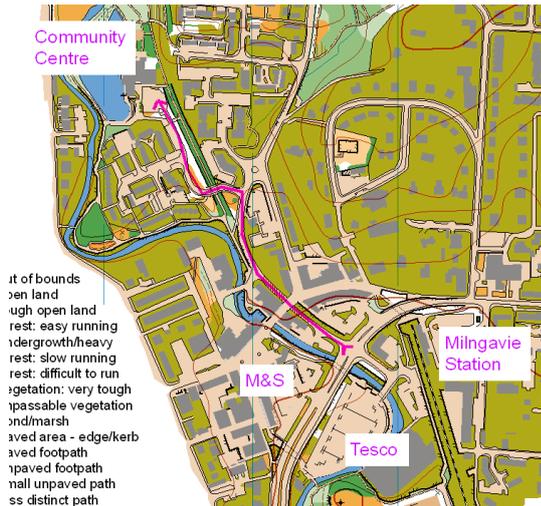


CLYDE Milngavie Sprint Race

Saturday 23th February 2013

Travel Directions: The event is based in the Milngavie Library and Community Centre, Allander Road, Milngavie, G62 8PN (Note that Allander Road is a dead end and that the Postcode takes you to an address about 100m South of the Library, but if you get that close you really should be able to work it out). The community centre is less than 10 minutes walk from Milngavie Station.



Car route from traffic lights by Tesco shown in pink.

Parking: There is no official car park. Some free parking is available at the Milngavie Library and Community Centre and the surrounding streets. Please park with consideration for the residents. Various other supermarket and pay and display car parks are available within easy walking distance.

Registration/Download/Toilets: In the Community Centre, follow the signs. NO MUDDY SHOES INSIDE PLEASE.

Start and Finish are adjacent to the Community Centre. No allocated start times, a punching start will be used

Terrain: Mainly on tarmac but with some urban park and forest terrain on the longer courses. Mud is possible on all courses. The area has an interesting variety of parkland, complicated housing estates, woodland, bridges, underpasses, railways and supermarkets.

Courses: There are a Beginners course (1.2km), Short Course (2.7km) and a Long Course (3.4km)

Safety: You are responsible for your own safety. Be careful crossing roads and be considerate of other people. The Beginners course is traffic free, the Short course crosses quiet minor roads and is suitable for sensible 16 and unders. The long course involves one busier road.

The courses all pass by a small river and a pond, young children should be supervised.

Entry Fees: Entry is £3 for juniors and £5 for adults. Entry on the day has a £1 surcharge and is available till maps run out.

Queries: hillrep@gmail.com